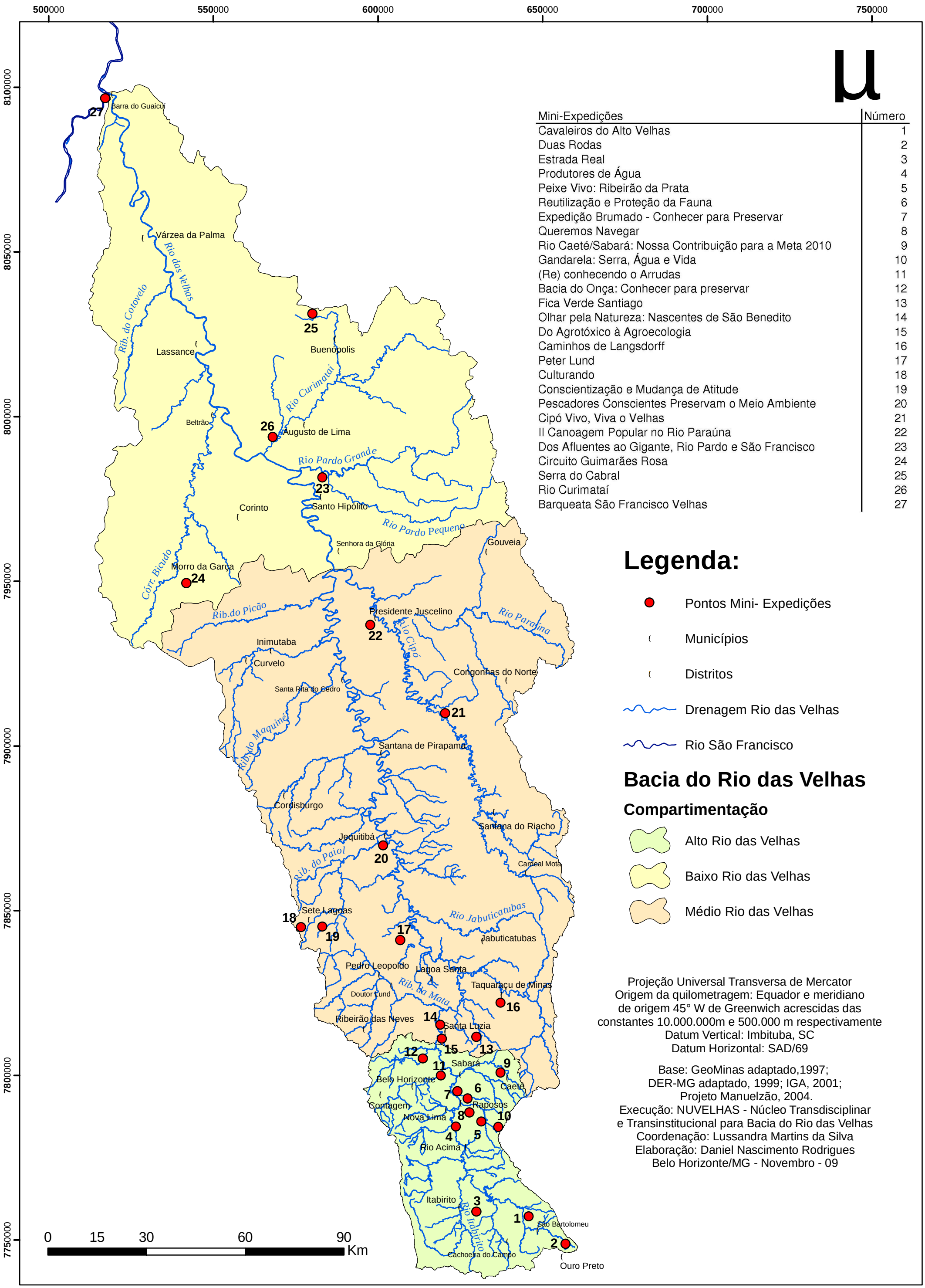Mini Expedições Bacia do Rio das Velhas 2009